



Department of  
Public Health Mid-West,  
Health Service Executive,  
Mount Kennett House,  
Henry Street, Limerick  
V94 KN3N  
Tel: +353 (0)61 483338  
Fax: +353 (0)61 464205

Protect. Prevent. Improve.

23/04/2021

## Re: Confirmed case of COVID-19 at St. Mary's Secondary School

A confirmed case of COVID-19 in your child's school, **St. Mary's Secondary School** has been notified to the Department of Public Health HSE Mid-West.

A public health risk assessment has been undertaken and your child has been identified as a **close contact**.

In line with national Public Health contact tracing guidance, your child needs to **restrict their movements** and your child will be referred for testing by the HSE.

Your child will be tested on day 0 and on day 10 after their last date of contact with the case.

Your child's first test appointment (day 0) will be scheduled for as soon as possible.

Your child's second test (day 10) will be scheduled for 10 days after they were last in contact with the person who tested positive i.e. on **30 April 2021**.

Your child can stop restricting their movements when both apply:

- They have a negative test (COVID-19 not detected) 10 days after they were last in contact with the person who tested positive.
- They do not have any symptoms of COVID-19.

Restricted movements means they need to stay at home, avoiding contact with other people and social situations as much as possible. This is to help stop the spread of the virus if they do have COVID-19 too.

During their period of restricted movements your child cannot:

- attend school, childcare or any group activities
- use public transport
- visit other people's homes or have visitors to your home

Your child can go outside to attend a medical appointment or to exercise as long as they keep 2 metres distance from other people.

If your child is well, his/her siblings do not have to restrict their movements and can attend school.

However, if your child develops symptoms suggestive of COVID-19, they should be isolated immediately and you should phone your GP for further advice. Their siblings and all household members should then restrict their movements until a swab result is available.



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Further information is available at the following links:

<https://www2.hse.ie/conditions/coronavirus/school-and-covid-19/if-your-child-is-a-close-contact-of-covid-19-in-school.html>

[Read more about how to restrict your movements](#)

[Read about the difference between self-isolation and restricted movements](#)

Yours sincerely,

A handwritten signature in black ink that reads "Breda Cosgrove".

Dr Breda Cosgrove

Specialist in Public Health Medicine MCRN 326702